

# WE ARE SAFE, KIND, AND RESPONSIBLE

## Queen Elizabeth Elementary

### March 2026 Newsletter



### Dates to Remember

- March 2-6** Scholastic Bookfair
- March 3-** Report cards go home
- March 5-** Parent Teacher Interviews (Evening)
- March 6-** Parent Teacher Interviews (no classes)
- March 9-** Pajama Day
- March 10-** Tropical Dress up Day
- March 11-** Hat Day
- March 12-** Student Bingo, Donations to Easter Seals
- March 13-** St Patrick's, wear green and Gold
- March 14-22-** March Break (no classes)
- March 26-** Heritage Fair (gr 5&6)
- April 2-** Annual Darrah Samples Spelling Bee
- April 3-** Good Friday (no classes)
- April 6-** Easter Monday (no classes)
- April 10-** PD Day (no classes)

### Recognizing Students Each Month

This year we are recognizing students each month who model the values of the Mi'kmaq 7 Sacred Teachings. In February, we focused on HUMILITY.

It is about having sensitivity towards others, respecting their way of doing things and listening to them. It means having self-awareness of personal strengths and limitations and knowing you have the capacity for growth and change.

Humility is living your life free from arrogance, not being boastful, and having a modest sense of your own worth. (See winners and photos on page 2)

### Reminders

Any after-school plan changes must be called in by **1pm**.

The end of the school day is very busy, and receiving changes by 1pm allows our staff enough time to properly relay the information and ensure your child's safety.



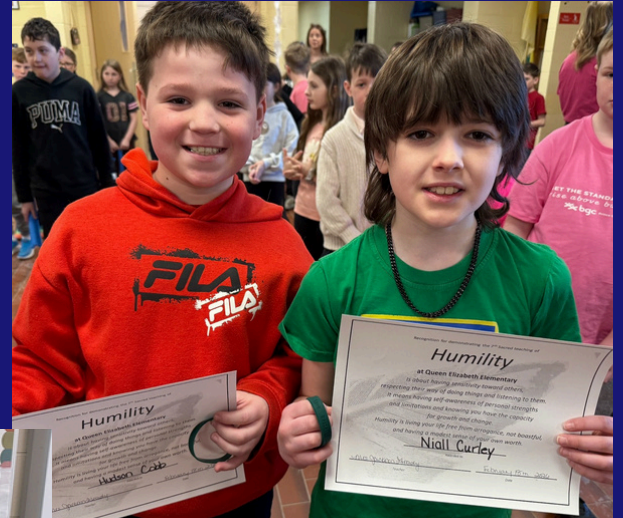
# WINNERS OF THE 7 SACRED TEACHING AWARD FOR HUMILITY IN FEBRUARY

KA- Norah, Sofia  
KB- Rowan  
KC- Leon  
1A- Shalynn, Zeke  
1B- Kate, Archie  
1C- Archer, Isaac

2A- Dawson, Victoria,  
Rayna  
2B- Noah, Chester  
2C- Piper, Everly, Leo  
3A- Harrison, Mac  
3B- Taylor, Julia  
3C- Sawyer, Khloe,  
Hudson

4A- Holden, Zoey, Kiyah  
4B- Niall, Hudson  
4C- Jake, Russell,  
Cooper  
5A- Tatum, Mason,  
Theo, Kallen  
5B- Brinley, Juia,  
Connor, Dawson

6A- Dominic, Gentry,  
Hayden, Norah  
6B- Annie, Finley,  
Harrison,  
Annabelle



# Counsellor Corner

Hello Parents and Guardians,

I am excited to tell you about an excellent opportunity that will be available to some of our QEES students following the March Break. Jamie MacSwain, Coordinator of the Parenting from Two Homes Program, is going to be offering at least one (and possibly two) Separation and Divorce groups for students here at QEES. While I am unable to guarantee that there will be a spot for every family interested at this time, we will do our best to involve as many children as possible. I would like to emphasize that this group is not a therapy group but rather a psycho-educational group.

There is no cost to participate in the group and it takes place during the school day- over five one hour sessions.

The group aims to help students learn about separation and divorce while providing a safe place to discuss thoughts and feelings. Group topics include:

- \*Different Kinds of Families
- \*Family Changes and Feelings
- \*Positive Ways to Handle Difficult Feelings
- \*Communication Tools

It is important to note that siblings are unable to participate in the same group. In my capacity as School Counsellor, I will be fulfilling the role of co-facilitator with Jamie MacSwain. If you are interested in having your child participate in one of the Separation and Divorce groups, please contact me at [kekatmouz@edu.pe.ca](mailto:kekatmouz@edu.pe.ca) or (902) 836-8900 as soon as possible.

I look forward to hearing from those interested!

Thanks,

Kara Katmouz (AKA Ms. Kara)

# February HIGHLIGHTS

## Olympic Themed Winter Wellness Day

Thanks to Mrs. Wigmore and the grade 6 leaders for a wonderful day.



## Valentine's Activities



## Class Sledding Challenge



# February Highlights continued...

### Fieldtrips



### Principals for the Day



### Literacy Day Book Tasting





## **QEES HOME & SCHOOL**

**Our Breakfast Program is going great, thanks to all of the amazing volunteers who make it such a success! We truly appreciate the time and care you give to support our students each day.**

**When we return from March Break, we'll be launching our Chocolate Bar Fundraiser – so keep an eye out for more information coming soon! All proceeds from this fundraiser will go directly toward supporting year-end field trips for every grade level.**

**We're excited to see everyone's efforts and will be announcing some fantastic incentive prizes for our top sellers!**

**Thank you for all that you do. We hope everyone has a safe, relaxing, and wonderful March Break!**

**QEES Home & School Committee**

# SAFETY PROTOCOL REMINDER

To help us maintain a safe and secure learning environment for all students and staff, visitors are not permitted to walk through the halls during school hours.

If you are picking up your child, we kindly ask that you report to the main office upon arrival. Our staff will be happy to call your student down to meet you.

We sincerely appreciate your understanding and cooperation as we work together to ensure the safety of everyone in our school community.

## Home and School Newsletter, March 2026

### 🍏 AGM Registration is OPEN

PEI Home and School Federation 73rd AGM Theme: "Stop Bullying. Start Belonging."

Saturday, April 18, 2026, Rodd Charlottetown Hotel, 75 Kent St., Charlottetown

Keynote: Alain Pelletier, "5 Faces of Bullying"

Deep Dive Workshops: RCMP Child Exploitation Unit, Cst. Robert Yaschuk

"5 Faces of Bullying," Alain Pelletier

Food, Finance, and Fundamentals, Home & School Reps

Each Association may designate up to five of its attendees as voting delegates for this meeting. All parents and educators are welcome to attend and advocate for the education and well-being of our students.

REGISTER by April 1st: <https://forms.gle/xUjANKnh61VhRnGy8>

### 🍏 2026 Proposed Resolutions

Proposed resolutions are being circulated to Local Home and School presidents and executive members for discussion at your March Home and School meeting. Find resolutions online at: <https://peihsf.ca/agm/>

Action steps:

1. Review and discuss each resolution.
2. Hold a vote on each resolution.
3. Select your H&S voting delegates (2 or more individuals) and share the voting results with them so they can vote on behalf of your Home and School at the AGM on April 18th.

### 🍏 School Food Environment Policy - Virtual Info Session with Margaret Young

Would you like to learn more about the draft school food policy?

Margaret Young, School Food Project Coordinator, Education and Early Years, invites Home and School executive members to attend a virtual information session on the draft School Food Environment Policy.

Sessions are scheduled as follows:

= Tuesday, March 3, 6 pm-7 pm (in English)

= Wednesday, March 4, 6 pm-7 pm (in French)

Follow this link to register by Feb. 27th: <https://gov.questionpro.ca/t/AB3utlkZB3vAw6>

🍏 Add the following discussion topics to your March meeting's agenda...

1. AGM 2026 Registration: Ask 2-5 parent and/or teacher reps to attend the AGM as your Voting Delegates. The AGM invitation is open to ALL parents and educators. Send as many as wish to attend, with the required designation of five as your voting representatives.
2. Proposed Resolutions 2026 = Review 4 resolutions at: Your paragraph text
3. Home and Schools are urged to pay for your delegates' registration fee, travel, and offer to pay for a hotel room as an incentive to thank them for their time.
4. School Food Policy: Plan to attend the March 3rd virtual School Food Policy session with Margaret Young, Dept. Education and Early Years, to learn about and ask questions about the proposed policy.
5. Review Hon. David Jenkins' Report: Hon. Judge David Jenkins Report StudentSafety

🍏 Volunteer of the Year Award

This award recognizes one person annually for their efforts in their local school. Home and Schools can submit nominations to the Federation office by March 6. Find details: <https://peihsf.ca/awards/>

🍏 Nominate a Federation Director

The PEI Home and School Federation is overseen by a volunteer board elected by delegates at the AGM. Members are encouraged to nominate suitable candidates from within their Home and School, who, in your opinion, have the necessary qualifications to do the work of the provincial Federation. The 2026 Nomination Form is available at: <https://peihsf.ca/agm/>. Contact Shirley at 902-620-3186 for more information.

🍏 PSB School Trustee Reports:

Charlottetown, Zone 5 = As spring approaches, we would like to take this time to remind you that Public School Board meeting minutes and the schedule of meetings are available on the Board of Trustees | Public Schools Branch website. We encourage you to review these resources to stay informed about board discussions and decisions. In February, we had the pleasure of attending the Home and School Association meeting in Charlottetown Rural High School. These meetings provide Andrew and me with a valuable opportunity to connect with families, listen to parents' and school administrators' perspectives, and learn about the many creative ideas and initiatives taking place within our school communities. Please, do not hesitate to reach out if you would like us to attend an upcoming Zone 5 Home and School Association meeting at your school – we are happy to do so. Additionally, if you have any upcoming activities that you would like us to attend, we would be happy to participate and support your efforts.

Happy March Break to All!

Andrew ([amacfarlane@edu.pe.ca](mailto:amacfarlane@edu.pe.ca)) & Gaylene ([gcarragher@edu.pe.ca](mailto:gcarragher@edu.pe.ca))

Bluefield, Zone 4: It was lovely meeting members of the East Wiltshire Home and School Association in February. I'm looking forward to touching base with other Bluefield Family of Schools' Home and School Associations in the coming months. I enjoy learning more about each school and sharing information about the role of School Board Trustees and our activities to-date. I do welcome any questions or feedback!

Karen ([kclare@edu.pe.ca](mailto:kclare@edu.pe.ca))

🍏 Great Big Crunch!

Register [here](#) to participate in the Great Big Crunch (or Munch) anytime in February, March and April, and let us know how your students or team members are taking part. You can also join 1000s of students and school food supporters at the virtual Great Big Crunch, Thursday, March 26, 2026, 1:00 p.m. EDT. Register [here](#) for virtual event! Explore the 2026 Activity Toolkit / View the 2026 Communications Guide

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Shirley Smedley Jay

Executive Director

P.E.I. Home and School Federation

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